

## About the Course...

This certification course consists of up to fourteen (14) hours of study over a two (2) day period. It includes both didactic and clinical components.

Upon completion of the coronal polishing course itself, the participant should understand the following:

### **Didactic Component**

1. Principles of plaque and stain formation;
2. The clinical appearance of plaque, intrinsic and extrinsic stains and calculus (removal of calculus and scalable stains shall be accomplished only by a dentist or licensed dental hygienist);
  - a. Methods of Removing Plaque and Stains
3. The clinical appearance of clean and polished teeth;
4. Tooth morphology and the anatomy of the oral cavity as they relate to the retention of plaque, stain and polishing techniques;
5. Principles of selecting abrasives and polishing agents and their effect on tooth structure and restorative materials;
6. Principles of polishing, including the selection and care of the armamentarium, instrumentation techniques and precautions, including the care of the mouth with fixed or removable prostheses and/or orthodontic appliances;
  - a. Polishing esthetic restorations
7. Principles of aseptic technique, including the sterilization of instruments, sanitation of equipment, and control of disease transmission;
8. Principles of selecting and applying disclosing agents, including armamentarium, technique and precautions;
9. Principles of the preparation of teeth and the oral cavity for fluoride application;
10. The reaction of fluorides with tooth structure;
11. Available fluoride agents;
12. Principles of the preparation and storage of fluoride agents; and
13. Principles of application techniques, including the selection and care of armamentarium, the isolation of teeth, adaptation of trays, techniques and precautions.
14. Selective Polishing
15. Sequence of Polishing
16. Patient Education

### **Clinical Component**

This course will provide participants with sufficient clinical experience to achieve competency. The clinical portion will include demonstration by an instructor and hands-on participation by participants. The clinical experience includes all significant portions of the didactic instruction including:

1. Identifying calculus, plaque, and intrinsic and extrinsic stains;
2. Polishing exposed surfaces of teeth;
3. Applying disclosing agents to the exposed surfaces of teeth;
4. Evaluating the extent of plaque and stain removal;
5. Maintaining the polishing armamentarium;
6. Maintaining aseptic techniques;
7. Applying various fluoride agents; and
8. Applying various desensitizing agents.
9. Handpieces and Attachments for Coronal Polishing
  - a. Polishing Cups
  - b. Bristle Brushes
10. Prophylaxis Angle and Handpiece
  - a. Grasping the Handpiece
  - b. Handpiece Operation
  - c. The Fulcrum and Finger Rest
11. Coronal Polishing Steps
  - a. Polishing Stroke
  - b. Positioning the Patient and Operator
12. Flossing after Polishing
13. Evaluation of Polishing

### **Jurisprudence Aspects**

Course participants will also review jurisprudence aspects of coronal polishing, with topics including:

1. Limitations of the practice of dental assisting in accordance with the statutes and rules of the Board;
2. Limitations on dental assistant services;
3. Penalties for violation of the Dental Practice Act or Rules of the Board of Dentistry; and
4. Mechanisms by which a person can report violations of statutes and/or rules of the Board of Dentistry.