



West Tennessee Senior Resources

Dental Hotline: 1-800-509-6055
www.smileon65plus.com

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Website: <http://www.capitol.tn.gov/legislators/>

Debra Moody (Tipton, Haywood)	615-741-3774
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Joe Towns, Jr. (Shelby)	615-741-2189
Chris Hurt (Lauderdale)	615-741-2134
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Justin Pearson - Dist. 86 (Shelby)	615-741-4295
Karen D. Camper (Shelby)	615-741-1898
Larry J. Miller (Shelby)	615-741-4453
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Ron Gant (Fayette, McNairy, Hardeman)	615-741-6890
Kevin Vaughan (Shelby)	615-741-1866
Gabby Salinas (Shelby)	615-741-1920
John Gillespie (Shelby)	615-741-8201
Antonio Parkinson (Shelby)	615-741-4575
Tom Leatherwood (Shelby)	615-741-7084
Johnny Shaw (Hardeman, Haywood, Madison)	615-741-4538
Kirk Haston (Chester, Decatur, Hardin, Perry, Henderson)	615-741-0750
Chris Todd (Madison)	615-741-7475

TN General Assembly SENATE

Page Walley (Chester, Fayette, Hardeman, Hardin, Haywood, Lawrence, McNairy, Wayne)	615-741-2368
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Sara Kyle (Shelby)	615-741-4167
Brent Taylor (Shelby)	615-741-3036
London Lamar (Shelby)	615-741-2509
Paul Rose (Shelby, Lauderdale, Tipton)	615-741-1967

TENNESSEE SHIP State Health Insurance Assistance Program

HOTLINE 877-801-0044

U.S. Senators

<https://www.senate.gov/senators/contact>

Marsha Blackburn	615-376-2324
Bill Hagerty	615-736-5129

U.S. Representatives

<https://www.house.gov/representatives#state-tennessee>

David Kustoff	202-225-4714
Steve Cohen	202-225-3265

DENTAL

www.smileon65plus.com

<https://www.tnoralhealth.org/safety-net-directory-2>

Church Health-Memphis	901-272-0003
Christ Community Health Services	901-842-3171

INFORMATION & REFERRAL

<https://www.tn.gov/aging/contact-us/other-helpful-numbers.html>

Tennessee Disability Pathfinder	www.tnpathfinder.org/
211 Helpline available 24/7	211
TN Commission on Aging and Disability	615-741-2056
Senior Information and Referral (TCAD)	866-836-6678
CHOICES - Home and Community Based Services	877-224-0219
Alzheimer's Tennessee	865-544-6288
Social Security Administration	800-772-1213
Post Office	800-275-8777
Birth Certificate	615-741-1763
Telephone Service	800-288-2020
Death Certificate	615-741-1763
Voters Registration	615-862-8800
Tennessee Respite Coalition	888-579-3754
Medicare	800-633-4227
TN Disability Pathfinder	800-640-4636
1 Catholic Charities - food, rent, utility assistance	901-722-4700

ACMS AAAD

<https://www.tn.gov/aging.html>

Area Agencies on Aging and Disability	901-222-4111
Toll Free	866-836-6678

HOUSING

<https://thda.org/>

Ripley Housing Authority	731-635-1901
Covington Housing Authority	901-476-6135
TN Coalition for Homeless	888-556-0791
Shelby County Housing Authority	901-353-0590
TN Housing Development Agency	800-228-THDA

Housing Choice Voucher Program	1-866-836-6678
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HEALTH DEPARTMENT

<https://www.tn.gov/health.html>

Shelby Co	901-222-9000
West - Jackson	731-423-6600

FRAUD

Medicaid	800-433-5454
Medicare	800-447-8477
TennCare	800-433-3982

MENTAL HEALTH/CRISIS SUPPORT

Suicide Prevention Hotline - call or text 24/7	988
TN Statewide Crisis Line	855-274-7471
TN Redline (Substance Abuse - Free and Confidential)	800-889-9789
TN Helpline (Mental Health and Substance Abuse)	800-560-5767
Friendship Line (Support hotline)	800-971-0016
Victim Connect (Hotline for Survivors of Trauma)	855-484-2846
LGBT National Senior Hotline	888-234-7243
Pathways	800-587-3854
Memphis Crisis Center	901-274-7477

<https://wapp.capitol.tn.gov/apps/LegislatorInfo/directory.aspx?>

<https://comptroller.tn.gov/maps/tn-senate-districts.html>

FOOD

<https://www.mealsonwheelsamerica.org/>

<https://www.mifa.org/seniors>

TN Dept of Human Services (Food Stamps)	615-532-4000
SNAP-Direct line	615-675-9840
onedhs.tn.gov	
MIFA (Meals on Wheels)	901-222-4111
Mid-South Food Bank	901-527-0841

LEGAL

https://www.tals.org/1844HELP4TN	844-435-7486
Memphis Area Legal Services, Inc. Www.mals	901-523-8822
Community Legal Center	901-543-3395

TRANSPORTATION

<http://www.itnmemphis.org/>

<http://www.matatransit.com/>

<https://www.deltahra.org/transportation-services>

iTN Memphis	901-833-7666
Memphis Area Transit Authority	901-274-6282
Delta Human Resource Agency	888-477-5226
Mata Ready!	901-322-0466
Downtown Memphis Commission/ Groove on D	901-763-8422
MATA Plus	901-722-7171

UTILITIES

https://thda.org/pdf/LIHEAP-Flyer_2020-11-30-142628.pdf

Shelby County CSA	901-222-4315
Delta HRA	901-476-5226

VETERANS

<https://www.tn.gov/veteran.html>

Department of Veterans Affairs	800-827-1000
Volunteers of America-Homeless Veterans/Families	524-3926x261
TN Coalition for Homeless - Veterans	877-488-8234

VISION

Eyecare America (65+)	877-887-6327
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