



Southeast Tennessee Senior Resources

Bledsoe, Bradley, Grundy, Hamilton, Marion, McMinn, Meigs, Polk, Rhea, Sequatchie

Dental Hotline: 1-800-509-6055

ADVOCACY

TN General Assembly HOUSE

Website: <http://www.capitol.tn.gov/legislators/>

Iris Rudder (Marion)	615-741-8695
Michele Reneau (Hamilton)	615-741-2746
Dan Howell (Meigs, Polk, Bradley)	615-741-7799
Mark Cochran (McMinn, Monroe)	615-741-1725
Kevin Raper (Bradley)	615-741-1350
Greg Martin (Hamilton)	615-741-2548
Yusuf Hakeem (Hamilton)	615-741-2702
Greg Vital (Hamilton)	615-741-3025
Esther Helton-Haynes (Hamilton)	615-741-1934
Rush Bricken (Grundy)	615-741-7448
Ron Travis (Bledsoe, Rhea, Sequatchie)	615-741-1450

TN General Assembly SENATE

Adam Lowe (Bradley, McMinn, Meigs, Rhea)	615-741-1946
Todd Gardenhire (Bledsoe, Marion, Sequatchie)	615-741-6682
Janice Bowling (Grundy,	615-741-6694
Bo Watson (Hamilton, Polk, Monroe)	615-741-3227

U.S. Senators

https://www.senate.gov/senators/contact	
Marsha Blackburn	615-376-2324
Bill Hagerty	615-736-5129

U.S. Representatives

https://www.house.gov/representatives#state-tennessee	
Scott Desjarlais	202-225-6831
Charles "Chuck" Fleischmann	202-225-3271

TRANSPORTATION

MyRide Southeast (Bradley)	423-424-4201
CARTA https://www.ridecarta.com/	423-629-1473
Cleveland Urban Area Transit System (CUATS)	423-478-1396
Southeast Human Resource Agency (SHRA)	423-949-2191

Southeast TN AAAD

https://www.tn.gov/aging.html	423-424-4256
Southeast AAAD	Toll Free 866-836-6678

DENTAL

www.smileon65plus.com

https://www.tnoralhealth.org/safety-net-directory-2	
Beersheba Springs Dental Clinic - Extractions only	931-692-2229
InterFaith Health Clinic	865-546-7330
Dodson Avenue Community Health Center	423-778-2800
Hope for the Inner City	423-698-3178
Karis Dental Clinic	423-457-8024
Smiles, Inc.	423-228-3077
TN Dept of Health Bledsoe County	423-447-2149
TN Dept of Health Bradley County	423-728-7020
TN Dept of Health Grundy County	931-692-3641
TN Dept of Health Marion County	423-942-2238
TN Dept of Health Roane County	865-354-1220

INFORMATION & REFERRAL

https://www.tn.gov/aging/contact-us/other-helpful-numbers.html	
Tennessee Disability Pathfinder	www.tnpathfinder.org/
211 Helpline available 24/7	211
TN Commission on Aging and Disability	615-741-2056
Senior Information and Referral (TCAD)	866-836-6678
CHOICES - Home and Community Based Services	877-224-0219
Alzheimer's Tennessee	865-544-6288
Social Security Administration	800-772-1213
Post Office	800-275-8777
Birth Certificate	615-741-1763
Telephone Service	800-288-2020
Death Certificate	615-741-1763
Voters Registration	615-862-8800

<https://www.sethtratransit.org/>

HOUSING

<https://thda.org/>

TN Housing Development Agency	800-228-THDA
Housing Choice Voucher Program	931-520-0608
TN Coalition for Homeless	888-556-0791
SE AAAD Community Living	866-836-6678

HEALTH DEPARTMENT

<https://www.tn.gov/health.html>

Southeast Regional Department of Health	731-423-6600
Hamilton Co	731-423-3020

TENNESSEE SHIP

State Health Insurance Assistance Program

HOTLINE	877-801-0044
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FRAUD

Medicaid	800-433-5454
Medicare	800-447-8477
TennCare	800-433-3982

MENTAL HEALTH/CRISIS SUPPORT

Suicide Prevention Hotline - call or text 24/7	988
TN Statewide Crisis Line	855-274-7471
TN Helpline (Mental Health and Substance Abuse)	800-560-5767
Friendship Line (Support hotline)	800-971-0016
Victim Connect (Hotline for Survivors of Trauma)	855-484-2846
LGBTQIA+ National Senior Hotline	888-234-7243
Domestic Violence Hotline- www.thehotline.org	800-799-7233
Mental Health Cooperative - www.mhc-tn.org	
Volunteer Behavioral Health	877-567-6051
Centerstone Outpatient Counseling	877-467-3123

Substance Abuse

Harm Reduction Program- CEMPA.ORG/STEPTN	
Substance Abuse Helpline- samhsa.gov	800-662-4357
Alcoholics Anonymous- www.aa.org	
TN Redline (Substance Abuse - Free and Confidential)	800-889-9789
Nar-Anon- https://www.nar-anon.org/find-a-meeting	

VISION

Tennessee Lions Club	www.lionsoftennessee.com
Eyecare America (65+)	877-887-6327

Tennessee Respite Coalition	888-579-3754
1 Medicare	800-633-4227
TN Disability Pathfinder	800-640-4636

FOOD

<https://www.mealsonwheelsamerica.org/>

<https://www.ethra.org/programs/30/commodity-foods/>

TN Dept of Human Services (Food Stamps)	615-532-4000
SNAP-Direct line	615-675-9840
onedhs.tn.gov	

Douglas Cherokee Economic Authority	423-453-7131
Chattanooga Area Food Bank (serves SE area)	423-622-1800

<https://chattfoodbank.org>

SE AAAD Home Delivered Meals Program	866-836-6678
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UTILITIES

Douglas Cherokee Economic Authority	423-453-7131
Bradley-Cleveland CSA	423-479-4111
Chattanooga Youth and Family Development	423-642-6434
Southeast TN HRA	423-949-2191

https://thda.org/pdf/LIHEAP-Flyer_2020-11-30-142628.pdf

VETERANS

<https://www.tn.gov/veteran.html>

<https://www.etmac.org/resources/veterans-services/>

Department of Veterans Affairs	800-827-1000
TN Coalition for Homeless - Veterans	877-488-8234
Veterans Crisis Line	800-273-8255

MEDICAL

Project Access	423-826-0269
Karis Community Health	423-457-8024
Beersheba Springs Medical Clinic	931-692-2229

LEGAL

https://www.tals.org/page/453/free-senior-legal-helpline	844-435-7486
ETHRA Legal Assistance for the Elderly	865-691-2551
https://www.ethra.org/programs/21/legal-assistance-for-the-elderly/	
Legal Aid of East TN	865-637-0484
https://www.laet.org/	800-572-7457
https://wapp.capitol.tn.gov/apps/LegislatorInfo/directory.aspx?	
https://comptroller.tn.gov/maps/tn-senate-districts.html	

